

Richard W. Audsley PhD LMFT
Systemic Therapist and Professor
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EDUCATION

- 2014 - 2018 Doctor of Philosophy, Counselor Education and Supervision,
Adams State University, Alamosa, CO (CACREP Accredited)
- 2011 - 2014 Master of Arts, Marriage and Family Therapy,
Regis University, Rueckert-Hartman College for Health Professions,
Denver, CO (COAMFTE accredited)
- 1972 - 1977 Bachelor of Arts, Communications, University of New Mexico,
Albuquerque, NM

PROFESSIONAL EXPERIENCE

- 2017- Present **Regis University, Affiliate Professor, Division of Counseling and Family Therapy (Denver, CO)**
- Teaches core curricula and provides clinical supervision to students (See teaching experience).
- 2017- Present **Office for Victims of Crime Technical Training and Technical Assistance Center (Washington DC)**
- Serves as an ongoing consultant to the Antiterrorism and Emergency Assistance Program providing training to support professional development, enhancing services to communities experiencing collective traumas and terrorism, and expanding out to underserved victims of crime.
- 2015-Present **Adams State University, Adjunct Professor, Counselor Education Division (Alamosa, CO)**
- Teaches core curricula and provides to clinical supervision to students (See teaching experience).
- 2015-Present **Evergreen Family Matters, Marriage and Family Therapy LLC (Evergreen, CO)**
- Founded a private practice providing couples and family counseling drawing from the Family Systems Therapy work of Virginia Satir, Murray Bowen's Intergenerational Theory, the Marriage Clinic Approach of John Gottman, and Sue Johnson and Les Greenberg's Emotionally Focused Therapy.
 - Provides ongoing consulting to mental health advocates in response to the shootings and related collective traumas in San Bernardino, CA and Aurora, CO.

- 2013-2015 **Aurora Mental Health Center, Clinical Outpatient Child and Family Therapist (Aurora, CO)**
- Provided strength based, solution focused, client centered care in a community mental health outpatient clinic focused on serving children age 6 to 18 and their families.
 - Utilized family system therapies and cognitive behavioral therapies to address a wide range of mental health needs.
 - Modified approaches to address cognitive, cultural, and person in environment needs to achieve sustainable and satisfying therapeutic progress.
- 2012 - 2013 **Colorado Organization for Victims Assistance, Special Advisor to the 7/20 Recovery Committee (Aurora, CO)**
- Executed overall development, coordination, and implementation of a community-wide effort to address the long term impact of the Aurora theater shootings, including the facilitation of project scope, goals and deliverables, assessment of needs, resourcing plans, creating community partnerships through outreach and education, and communication strategies.
 - Provided principal leadership in the creation of the *Aurora Strong* Community Resiliency Center, which is leveraging the tangible, experiential element that builds the bridge between education and action, between understanding and application, between reaction and resilience.
 - Recruited community partners and institutions (e.g., schools, employers, faith community, etc.) for continued integration of resilience education and activities in the Aurora community.
 - Investigated statistical data documenting the direct benefits of community resilience centers for replication in other communities experiencing mass tragedies in Newtown, CT, and Boston, MA.
- 2011 - 2012 **United Way Worldwide, Vice President for Europe (London, UK)**
- Led the development of the United Way of London, UK, through an extensive community building process in conjunction with the London Voluntary Services Council.
 - Created effective organizational development plans, including fundraising strategies, adherence to United Way Worldwide Global Standards, and development of volunteer boards in France, Hungary, Israel, Poland, Romania, Russia, and the United Kingdom.
- 1995 - 2010 **Mile High United Way, Executive Vice President and COO (Denver, CO)**
- Designated as the key legislative liaison and advocate to the Colorado General Assembly for the 14 United Ways in Colorado in advancing policy agendas.
 - Convened community organizations, and the offices of the Denver and Jefferson County district attorneys, in response to the Columbine shootings resulting in the creation of *The Columbine Healing Fund* and a governing committee of community leaders and crime victims advocates.

- Designated by United Way of America as the lead national consultant during events of mass tragedy. Onsite consulting was provided to volunteer committees responsible for victim response funds in Blacksburg, VA following the Virginia Tech shootings and in Omaha, NE following the Westroads Mall shootings.
- Provided leadership in the creation and implementation of the Colorado Oklahoma Resource Council, a collaborative community council, which worked closely with the U.S. Attorney's office addressing the needs of the victims and families of the Oklahoma City Bombing during the Timothy McVeigh/Terry Nichols trials in Denver.
- Convened more than 70 public and private organizations, including the State Office of Emergency Management, resulting in the creation of the Katrina Interagency Task Force, which coordinated supportive services, volunteers, and financial and in-kind contributions for Hurricane Katrina evacuees in Colorado.
- Convened and led a statewide coalition of United Ways and 30 other organizations to successfully petition the Colorado Public Utilities Commission for the assignment of 2-1-1, an abbreviated dialing code dedicated to comprehensive information and referral services.

SCHOLARSHIP/RESEARCH ACTIVITY

Audsley, R.W., *Responding to Collective Trauma Through Community Connectedness.*

Published Doctor of Counselor Education and Supervision dissertation, Adams State University, May 2018.

Elliott, G. M., **Audsley, R. W.**, Runck, L., Pechek, A., de Raet, A., Valdez, A., & Wilde, B., (2018). The development of the self-efficacy to work with suicidal clients. *The Qualitative Report*, 23(12). Retrieved from <https://nsuworks.nova.edu/tqr/vol23/iss12/9>

PROFESSIONAL PRESENTATIONS

Audsley, R. W. (2017, October) *Responding to collective trauma through community connectedness.* 50-minute education program. 2017 Association for Counselor Education and Supervision National Conference. Chicago IL.

Audsley, R. W. (2017, February). *Responding to collective trauma through community connectedness.* Guest Lecturer, Adams State University, Alamosa, CO.

Audsley, R. W. (2016, April). *Collective trauma and the trauma membrane.* Guest Lecturer, Regis University, Denver, CO.

Audsley, R. W. (2016, February). *Promoting community healing after a mass tragedy*. Guest Lecturer, San Bernardino Stakeholders meeting, Arrowhead United Way, San Bernardino, CA.

Audsley, R. W., Elliott, G., de Raet, A., Pechek, A., Runck, L., Wilde, B., (October, 2015). *Development of the perception of competence to work with suicidal clients*. 50-minute education program. 2015 Association for Counselor Education and Supervision National Conference. Philadelphia, PA.

Ruck, L., **Audsley, R. W.**, Vander Ley, M., Pechek, A., (October, 2015). Online counselor education programs: Success no matter the age. 2015 Association of Counselor Education and Supervision Conference. Philadelphia, PA.

Elliott, G., **Audsley, R. W.**, Pechek, A., Runck, L., Wilde, B., (April 2015) *Self-efficacy of beginning counselors to work with suicidal clients: A grounded theory approach*. Poster Presentation. Colorado Counseling Association's 2014 Annual Conference. Denver, CO.

Audsley, R. W. (2014, December) *Mental health responses during complex emergencies*. Guest Lecturer, Adams State University, Alamosa, CO.

Audsley, R.W. (2014, April) Promoting community healing following a mass tragedy. Guest Lecturer, University of Denver, Denver, CO.

Audsley, R. W., Drennan, C., Siegal, S. (2013, February) Lessons learned from Columbine High School. *Symposium of Hope: Recovery and Resilience after the Sandy Hook Tragedy*. Guest Lecturer, Western Connecticut State University, Danbury, CT.

ADJUNCT TEACHING EXPERIENCE

Fall 2018 MFT 610 -- Theories of Family Therapy (3 Credits)
Historical development of theories of family therapy, which have grown out of the paradigmatic shift from focusing on individual to focusing on The influences of fthe family systems in larger contexts.

Summer 2018 MFT 690 -- Practicum: Practice of Family Therapy (3 Credits)
MFT 692 -- Practicum: Clinical Supervision (3 Credits)
Instructor and Faculty Supervisor - Regis University
Experiential and observational learning as students perform and observe therapy sessions. Supervision of practicum students in individual/triadic and group supervision formats.

Summer 2018 MCPY 672 -- Crisis, Trauma, and Loss (3 Credits)

Summer 2017	<p><i>Instructor</i> - Regis University Experiential and observational impact of crisis, trauma, and loss emphasizing counselor's immediate response, assessment, and treatment protocols for recovery, trauma and addiction, posttraumatic stress, suicide assessment, prevention and intervention.</p>
Spring 2018	<p>MFT 699 -- Internship A, B, C (3 Credits) <i>Faculty Supervisor</i> - Regis University Clinical supervision provided by faculty AAMFT Approved Supervisor or (or candidate) of individual, couple and family therapy, which focuses on the principals and practices of Marriage and Family Therapy.</p>
Fall 2017	<p>MFT 690 -- Practicum: Practice of Family Therapy (3 Credits) MFT 692 -- Practicum: Clinical Supervision (3 Credits) <i>Triadic Supervisor</i> - Regis University</p>
Summer 2017 Summer 2016	<p>COUN 538 -- Crisis, Disaster, and Trauma (3 Credits) <i>Instructor</i> - Adams State University</p>
Spring 2017 & Fall 2016	<p>COUN 528 -- Career Development (3 Credits) <i>Instructor</i> - Adams State University</p>
Spring 2016	<p>COUN 524 -- Counseling Theories and Helping Relationships <i>Instructor</i> -- Adams State University Responsibilities included: developing course syllabus and content for learning modules, on-line instruction, and student evaluation of learning outcomes.</p>
Spring 2015	<p>COUN 546 -- Assessment in Counseling (3 Credits) <i>Co-Instructor</i> Responsibilities included: developing course syllabus, and content for learning modules, on-line instruction, and student evaluation of learning outcomes.</p>
Summer 2017 & Summer 2016 & Summer 2015	<p>COUN 527 -- Group Counseling (3 Credits) <i>Co-Instructor/On-Site Supervisor</i> - Adams State University Responsibilities included: reviewing and providing feedback of students facilitation of group counseling sessions, completing assessments on each counseling student's progress with group counseling skills; completing formal evaluations on counseling students' counseling skills.</p>
Summer 2015	<p>COUN 537 -- Practicum (3 Credits) <i>Co-Instructor/Onsite Supervisor</i> - Adams State University counseling student's progress with group counseling skills, completing formal evaluations on counseling students' counseling skills.</p>
Spring 2015	<p>COUN 537 -- Practicum (3 credits)</p>

Co-Instructor -- Adams State University
Responsibilities included: reviewing students' videotaped clinical sessions; and providing supervision, feedback and remediation.

Summer 2015 COUN 536 -- Pre-Practicum
Co-Instructor -- Adams State University
Responsibilities included: providing an introduction to counseling techniques, feedback, supervision, and remediation.

PROFESSIONAL LICENSURE AND CERTIFICATIONS

- Licensed Marriage and Family Therapist (Colorado 1381)
- Certified By Quality Matters™ Teaching Online Certificate. The QM Teaching Online Certificate enables instructors to demonstrate their knowledge mastery of online teaching.
- AAMFT Supervisor Candidate

HONORS, AWARDS, AND APPOINTMENTS

- 2018 **Colorado Healing Fund, Advisory Committee**
Appointed by Colorado Attorney General Cynthia Coffman to the Advisory Committee comprised of experts in victim assistance as a result of mass tragedies. The Colorado Healing Fund (CHF) is a 501(c)(3) non-profit organization. It was founded in 2018 by a group of victim advocates and community leaders to establish a secure way for the public to contribute to victims of mass casualty crimes in Colorado. Initial funding was provided by the Colorado Attorney General's Office.
- 2014 **Father Ignacio-Baro Award for Social Justice, Regis University**
In recognition for excellence in multicultural counseling skills and ability to empower marginalized and oppressed individuals, families, and communities to find their own voice and to create possibilities for them to be heard.
- 2004 - 2009 **Appointment by Mayor John Hickenlooper, City and County of Denver**
Appointed to the Denver Commission to End Homelessness, 34-member blue-ribbon committee to create and monitor a 10-year plan to end homelessness in Denver, CO.
- 1999 - 2000 **Executive Order Appointment by Governor Bill Owens, State of Colorado**
Appointed to the Task Force of Victims Support for the Columbine High School Tragedy to coordinate principal departments of State government, private companies and institutions, and the nonprofit sector to provide assistance and compensation to the victims of Columbine.
- 1998 **United States Department of Justice Award for Public Service**
In recognition of the assistance provided to the victims during the United States v. Timothy McVeigh and Terry Nichols Oklahoma Bombing Trial.

PROFESSIONAL AFFILIATIONS AND MEMBERSHIPS

- American Counseling Association
- Association for Counselor Education and Supervision
- Association for Marriage and Family Therapists
- Colorado Association for Marriage and Family Therapy
- Colorado Counseling Association
- Rocky Mountain Association for Counselor Education and Supervision

PROFESSIONAL INTERESTS

- Building resilience in communities after a collective trauma
- Counseling assessments
- Crisis interventions
- Family theories
- Suicide assessments
- Trauma's impact on neuroscience